

# YOUR WESTIE'S DAILY ROUTINE AND FEEDING

## WESTIE INFORMATION THAT'S GOOD TO KNOW

*CLICK Rescue Pet Store Link on Westie Rescue website – Please make sure we get credit!*

### MORNING ROUTINE:

- (1) **PetTab – Plus Vitamin** – Care-A-Lot catalog and our **Rescue Pet Store Link**
- (1) **Nutro Biscuit – Tarter Control** (blue box) – Petco and Petsmart
- (3) **Milk Bone Five Flavor Assorted Biscuits** – small/med size, Wal-Mart is cheapest

### If your Westie is 4 years or older:

- (1) **Foster Farms Turkey Precooked Meatball** – major chain supermarkets  
Cut into pieces, stuff one with ½ tablet Glucosamine HCl 500mg & Chondroitin Sulfate 400mg. Costco or grocery has good pricing and now carries liquid – easy to measure/mix

### SNACKS:

**Raw Baby Carrots**, from the refrigerator taken from ice water container

**Rawhide Bones** – **compressed, natural USA made ONLY** - NO flips, chips, pieces, rolls, etc

**Nutro Natural Choice Lamb and Rice Sticks** – Petco and Petsmart

**Durango 95's - 95% Real Liver, moist, bite size** – through *our* website link to: [www.TerrierToys.com](http://www.TerrierToys.com)

**NO Chicken Treats - jerky, nibbles, pieces, etc., nothing made in China - causes Fanconi Syndrome**

### DINNER:

**Westie Diet** (attached) – Recipe makes one bowl. Ingredients are available through *our* website link to **Rescue Pet Store** with the exception of the dry kibble which you can buy at Petco or Petsmart. **If your**

**Westie is 4 years or older: Add ½ Tablet Glucosamine HCl 500mg & Chondroitin Sulfate 400mg, in turkey meatball piece.** Costco has good pricing and now carries liquid – easy to measure/mix

### GROOMING:

#### **SHAMPOO**

**Bio-Groom Wiry Coat** – texturizing, tearless, for double-coated dogs. This is specifically formulated for our Westie's coat, replaces the pH balance. Available through *our* website link to: **Rescue Pet Store**

#### **MEDICATED SHAMPOOS\***

**ChlorihexiDerm 4% Maximum** – Antiseptic Cleansing by DVM Pharmaceuticals, Inc

**KetoChlor** – Antimicrobial shampoo for antifungal and antibacterial cleaning by Virbac Manufacturing

**Malaseb** – Antibacterial and antifungal cleaning by DVM Pharmaceuticals, Inc.

**\*NOTE:** Wash first with Bio-Groom, then use medicated shampoo. To get the best results, use a pedicure 'natural' bristle brush to scrub all the skin area with medicated shampoo. Shampoo the dog twice always; allow to stand for 3-5 minutes with shampoo on the dog. Rinse with warm water, towel dry, and then blow dry all over the dog until very dry.

#### **EAR PROTECTION**

**OtiRinse Cleansing/Drying Solution** from DVM Pharmaceuticals, Inc., use after every bath.

Available through *our* website link to **Rescue Pet Store**

#### **GROOMING TOOLS**

**Miller's Forge Doggie Man** – Soft bristles, small (3.5 inches). Available through *our* website link to **Rescue Pet Store** also Care-A-Lot or PetEdge wholesale pet catalogs.

### FLEA and HEARTWORM: Necessary All Year Long!

**FrontlinePlus** – kills fleas and ticks – monthly, available through *our* website link to **Rescue Pet Store**

**Iverhart Plus or Heartgard** (Ivermectin) – one chewable tab per month **BLOOD TEST REQUIRED**