

THE WESTIE DIET *Not Only For Westies!!!!*

What and How to Feed

MAKES ONE BOWL...can divided in half (1/2) to feed AM and PM
Do NOT make ‘batches’ of this recipe...
Measure each bowl individually.....
Do NOT substitute or delete ingredients....

INGREDIENTS for First Step:

1/4 cup	93% fat-free ground Sirloin hamburger brown and crumble small pieces; cook meat 1 lb. at a time place in Tupperware or other sealed container (must refrigerate)
1/8 cup	Hot Water
1 tsp.	Barley Dog
1 tsp.	Missing Link-Plus for Dogs (must refrigerate)
1 tsp.	Dream Coat (must refrigerate)
1/8 tsp.	Halo’s Xtra-C Instant Vitamin Concentrate
Dash	Garlic Power (not salt) – <i>OPTIONAL</i> –

Instructions: Mix above items in a microwave-safe bowl; place in microwave; heat on ‘defrost’ approximately 10-20 seconds - just enough to take ‘chill’ away and warm somewhat. Move on to second step.

INGREDIENTS for Second Step:

1 cup	Nutro Natural Choice Lamb and Rice dry kibble (green bag) or for senior dogs use same for ‘Less Active’ (Tan bag)
(1) 400 mg.	Vitamin “E” capsule

Instructions: Into first mixture, prick vitamin “E” capsule and squeeze out the liquid; drop in vitamin casing; add kibble and mix well. Serve warm.

If unfinished after 30 minutes, take up bowl and refrigerate left-overs. Do NOT leave in bowl.

Barley Dog, Missing Link or Missing Link Plus (with glucosamine for joint health), Dream Coat and Halo’s Xtra-C can all be purchased through *our* website link to **Rescue Pet Store online. A donation of 10% of the total purchase is made to **Westie Rescue of California!** Just remember click onto *our* website link, which is the **ONLY** way we receive the company’s donations!**

You may order from *our* website link (www.WestieRescueCA.com) to **Rescue Pet Store**

The recipe was formulated and tested by Westie Rescue of CA. Special thanks to: Dr. Craig Griffins, Dr. Richard Y. Uchimura, nutritionists, a PA Registered Nurse and most of all our rescues who allowed us 22 months of recipe testing and tasting. Thankfully, many are positively touched by the commitment to dogs who suffer from skin conditions.